

# Bringing New Innovations to Health and Wellness Through Structural Balancing

*Kyle C. Wright, LMBT, announces the opening on September 1, 2016 of his private practice:*

## The Wright Center

Clinical and Structural Bodywork

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*A little about myself and my unique approach:*

I've been practicing Clinical and Structural forms of Bodywork for 32 years.

I've been privileged in evaluating and treating approximately 100,000 C/P's with many chronic muscular pain issues.

I consider myself first and foremost a practitioner, with a never-ending desire and drive to help people seek pain relief. It is not about chasing symptoms for me, because often where the pain presents itself is not where it often originates.

### **Postural Distortions & Gravity: A Root Cause of Pain & Dysfunction**

Much of the time, musculoskeletal pain is caused by the way the body opposes gravity inefficiently, meaning, their body weight has shifted off the bones and onto the muscles. It is my experience that many of the painful afflictions people suffer from are caused by the gravitational forces being continually and inappropriately applied to their body and the way their body opposes it, often with painful results.

It is muscles taking over the function of bones and a constant fight with gravity causing some or many muscles to tighten so much they actually feel as hard as bones.

I call this CEM&NT (Chronic Excess Muscle & Nerve Tension).

